

VILLA WELLNESS EXPERIENCE

MASSAGES

Renaissance 60 min **\$220** | 90 min **\$265**

Signature massage combining Swedish techniques with personalized movements to achieve deep relaxation and restore body balance.

Aromatic 60 min **\$230** | 90 min **\$280**

A unique sensory experience using essential oils selected to calm the mind, revitalize the body and restore your energy.

Deep Tissue 60 min **\$230** | 90 min **\$280**

An intensive therapy that targets deeper muscle layers to relieve chronic tension, improve mobility and enhance overall well-being.

Foot Reflexology 45 min **\$190**

Foot massage based on the stimulation of specific points that correspond to different parts of the body. Helps release energy blockages, improve circulation and promote overall balance.

FACIALS

Illuminating 60 min **\$230**

Moderate exfoliation followed by antioxidants that rejuvenate the skin, leaving an immediate glow and a smooth, revitalized texture.

For Gentlemen 60 min **\$230**

A purifying treatment specially designed for men's skin, balancing its moisture and leaving it fresh, hydrated and free from impurities.

WELLNESS THERAPIES

Sound Healing 60 min **\$240 per person**

Healing vibrations through ancient instruments that induce a state of deep relaxation, effectively reducing stress and anxiety.

Harmony 60 min **\$240 per person**

A perfect combination of head, hand and foot massage with sound therapy, created to balance body and mind, inducing tranquility and restoring internal energy.

Wellness Ritual 60 min **\$240 per person**

Foot reflexology and sound therapy working together to renew your energy, deeply relax you and restore inner calm.

Pranayama & Meditation 60 min 1-2 people **\$135** | 3-5 people **\$175**

Guided breathing and meditation techniques to reduce stress, improve concentration and restore mental peace.

Yoga Classes 60 min 1-2 people **\$135** | 3-5 people **\$175**

Personalized sessions for all levels, adapted to your needs and preferences, with options for Hatha, Vinyasa or Yin Yoga.

POLICIES AND RESTRICTIONS

- Reservations: We recommend booking in advance to ensure availability.
- Cancellations must be made at least 8 hours in advance.
- Cancellations made within 8 hours will incur a 50% charge of the treatment price.
- Full payment will be charged for appointments not cancelled.
- A 10% service charge and 13% sales tax will be added to all services.

To fully embrace your wellness experience, we kindly ask to be ready at least 10 minutes before the scheduled appointment.

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Enjoy a unique relaxation and wellness experience at Bearth Spa